



2013-2014

Cheerleading Tryout Packet





Cheerleading Tryout Packet Agreement **2013-2014**

Included in the Cheerleading Tryout Packet:

- **Tryout form**
- **Permission Form**
- Cheerleading Constitution
- **Questionnaire**
- **Financial and Time Commitment**
- **Teacher Evaluations (3)**
- Judging Criteria
- **Report Card**

You must turn in items in **bold** before the last day of Cheerleading Tryouts.

I have read the entire Cheerleading Tryout packet agreement and will follow all of the guidelines set forth in the packet as a member of the Santa Fe Christian Cheerleading Squad during the 2012-2013 school year.

Cheerleader's Signature: _____

Parent Signature: _____



Cheerleading Tryout Form

Full Name: _____

Tryout Number: _____

Grade for 2012-2013 _____

GPA: _____

Phone Number: _____

Email Address: _____

Birth Date: _____

Name of Parents/Guardians: _____

Parents Phone Numbers: _____

Parents Email: _____

Emergency Contact (Name and Number)



Cheerleading Tryout Permission Form

Dear Parent,

_____ has indicated his/her desire to be a cheerleader at Santa Fe Christian School. There are certain responsibilities and obligations that he/she must assume in order to become and remain a member of the SFC Cheerleading squad.

Please review the enclosed Constitution, in which these duties are outlined, before you sign this form below.

We believe that students gain a wide array of benefits from cheerleading, and I truly hope that this experience will be a rewarding one for you and your daughter.

Coach Tanya Maria

_____ has my permission to participate as a member of the cheerleading squad at Santa Fe Christian. I have read the Rules & Regulations governing all cheerleaders and I will assist in every way to see that they are enforced.

I understand that summer training will include required attendance at summer camp. This is in addition to the regular practices.

While I expect Santa Fe Christian authorities to exercise reasonable precaution to avoid injury, I understand that Santa Fe Christian assumes no financial obligation for any injury that may occur.

Parent Signature: _____

Parent Name: _____

Telephone: _____

Date: _____



Cheerleading Constitution

Mission Statement

The mission of the Santa Fe Christian cheer program is to partner with Christian parents, disciple cheerleaders to embrace Biblical truth, serve for athletic excellence, grow as servant leaders, encourage the community and student body, promote spirit and excitement for the school and model the attitude and leadership of our Lord.

Discipleship

The cheer team will have designated time for Bible Study, prayer, and spiritual growth.

"But seek first the Kingdom of God and His righteousness, and all these things shall be added to you." Matthew 6:33

Servanthood

The cheerleaders at Santa Fe Christian are pledging themselves to serve their school, community and our Lord Jesus Christ. This done selflessly as reflected in *Ephesians 6:7*,

"Serve wholeheartedly, as if you were serving the Lord not men."

Christ-like Leadership and Attitude

The cheerleaders will lead the school in enthusiasm and in school spirit while portraying a Christ-like attitude. It is important to realize that SFC cheerleaders are highly visible and witness to students and fans.

"Your attitude should be the same as that of Christ Jesus." Philippians 2:5

Expectations

Cheerleading is a team sport. The girls will develop wonderful friendships while working together to serve the school. The ability to work together and put the interests of the team ahead of individual interests is vital.

"Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others." Philippians 2:3-4

- Every girl is equally as important to the squad and therefore cheerleaders are expected to attend ALL games, practices, and other scheduled cheer events.
- Cheerleaders are not allowed to partake in any other fall, winter, or summer sport. Only spring sports that do not interfere with the cheer schedule are permitted. You are committing to the team that you will give 100% and attend all functions.

Eligibility

All cheerleaders must meet the eligibility requirements as stated in the SFC Athletic handbook. A 2.3 minimum GPA (cumulative) is required for tryouts and must be maintained. No more than one 'N' on citizenship will be accepted. If your grades fall below this level, you will be placed on probation until you are able to raise them. If you are unable to improve your grades within a specified amount of time, you will be released from the cheerleading squad.

The administration reserves the right to dismiss a girl from the squad for not meeting SFC code of conduct or cheer requirements. In the event a cheerleader is dismissed from the squad, no refund will be given.

Transportation

Transportation will be provided for some away games during football season. For all other games, it is parent's responsibility to drive their girls to and from games or arrange other parent transportation. Athletes are never allowed to drive themselves.

Uniforms

Cheerleaders, while in uniform, must conduct themselves as representatives of their school and of Christ. A cheerleader must be in uniform for all performances. Specific requirements will be detailed once the squad is chosen. However, being "in uniform" includes all pieces such as bows, designated hairstyles, and makeup. There are no watches or jewelry allowed except small, stud earrings. Pom-poms and megaphones must be brought to every game.

Attendance

- All cheerleaders will attend all practices and all games, unless pre-approved by a coach with written documentation.
- Absenteeism of 5 or more practices per season will result in suspension of cheering. Practices will continue to be mandated.

If an illness and emergency occurs, the coach must be notified in advance of the absence. If a girl is injured and has to sit out at practice, she is still required to attend practice. A doctor's note is required any time a cheerleader is injured and must refrain from practicing. The cheerleaders must also abide by all the rules in the SFC handbook.

Discipline

It shall be squad policy that disciplinary action will only be invoked as a last resort, and that every reasonable attempt will be made to avoid situations likely to lead to such action through squad discussion and positive encouragement, by example, and by finding ways and means to correct negative trends.

Demerits will be given for every violation of the constitution, practice, game, and squad rules.

Notice of such will be given:

- 3 demerits, a cheerleader will be benched from a cheering event.
- 5 demerits, a cheerleader will be asked to leave the team.

Demerits will fall off after one cheer season. (Pre-Season, Football, Basketball).



Cheerleading Questionnaire

Name: _____

Please answer the following questions honestly and thoroughly.

Why do you want to be a Santa Fe Christian Cheerleader?

What physical qualities do you have that will make you a contributing member to the SFC cheer program?

What personal qualities do you have that will make you a contributing member to the SFC cheer program?

Cheer takes precedence over all other activities. What other commitments could you be involved in, or will be involved in that may interfere with SFC cheer program? Which commitment would take priority and why?

Have you ever been dismissed from a cheer, dance or an athletic team?
If yes, explain.

Have you ever quit a cheer, dance or an athletic team?
If yes, explain.

Have you ever been suspended from school?
If yes, explain.



Cheerleading Financial and Time Commitment

Time Commitment

Cheerleading is a year-long sport. There are three "Cheer Seasons:"

1. Pre-season (practice from right after tryouts - end of summer.)
2. Football Season
3. Basketball Season

You will be provided a detailed schedule in advance to each 'season' and expected to abide by it.

Practices during the summer will be determined at the end of Tryout week.

Practices during football and basketball seasons will be Tuesdays and Wednesdays from 4-6pm.

Financial Commitment

2013-2014 is a new year for new cheer uniforms. All cheerleaders need to purchase uniforms for approximately \$900. Payment will be due in June, unless worked out through payment plans through the Athletic Department.

Cheer camp will take place at Azusa Pacific University from July 16 – July 19. Cost is approximately \$300 and payment is due at the beginning of May.

I understand the financial and time commitment regarding SFC Cheer.

Parent Signature: _____



Cheerleading Teacher Recommendation Form

Please complete this form, place in a sealed envelope, and put it in Pamela Oden's mailbox to be given to Coach Tanya Maria.

Teacher recommendations for cheerleading applicants give us an indication of the applicant's motivation, leadership skills, and attitude. Your input will be incorporated into the final tryout scores.

All information will be kept confidential!

Please rate this student in the following areas on a 1-5 scale.
(5) Superior (4) Above Average (3) Average (2) Needs Improvement (1) Poor

Student's Name _____

Responsibility and Dependability _____
Comments.

Leadership Skills _____
Comments.

Attitude toward other students _____
Comments.

Attitude toward Authority _____
Comments.

Any discipline problems that you know of? Please describe.

Total Score _____/20

Any other comments:

Teacher's Name Printed:

Teacher's Signature



Cheerleading Judging Criteria

All applicants will be judged on the following:

- *One Jump of Choice
 - *Toe Touch
- *Cheer that was taught
 - *Additional Cheer
- *Dance (8- 8 Counts)

Elements that will be evaluated:

- *Timing and Rhythm
 - *Motions
- *Projection
 - *Spirting
- *Enthusiasm
 - *Tumbling
 - *Grades

Girls will try-out in pairs.
Additional cheer can be individual or within pairs.

Good Luck!

