

| Date | Start | Event Name | Location | Group Status |
|----------------|---------|---|--------------------------------|--------------|
| Tue 08/20/2019 | 5:15 pm | W. Volleyball vs. Cathedral - Varsity | SFC - Gymnasium | Home |
| Thu 08/22/2019 | 5:00 pm | W. Volleyball vs. Westview - Varsity | SFC - Gymnasium | Home |
| Fri 08/23/2019 | 1:00 pm | W. Volleyball @ Cal Challenge Tournament - Varsity | Alliant University Gym | Away |
| Sat 08/24/2019 | 7:00 am | W. Volleyball @ Cal Challenge Tournament - Varsity | Off site | Neutral |
| Wed 08/28/2019 | 5:30 pm | W. Volleyball @ La Jolla - Varsity | La Jolla High School | Home |
| Wed 09/04/2019 | 5:00 pm | W. Volleyball vs. La Costa Canyon - Varsity | SFC - Gymnasium | Away |
| Fri 09/06/2019 | 3:30 pm | W. Volleyball @ September Classic Tournament - Varsity | Off site | Neutral |
| Sat 09/07/2019 | 7:00 am | W. Volleyball @ September Classic Tournament - Varsity | Off site | Neutral |
| Mon 09/09/2019 | 5:00 pm | W. Volleyball vs. Classical - Varsity | SFC - Gymnasium | Home |
| Tue 09/17/2019 | 5:00 pm | W. Volleyball @ Canyon Crest - Varsity | Canyon Crest Academy | Away |
| Fri 09/20/2019 | 3:00 pm | W. Volleyball @ La Jolla Classic Tournament - Varsity | Coast Volleyball Club | Neutral |
| Sat 09/21/2019 | 7:00 am | W. Volleyball @ La Jolla Classic Tournament - Varsity | Off site | Neutral |
| Fri 09/27/2019 | 5:00 pm | W. Volleyball @ Bishops - Varsity | The Bishops School | Away |
| Tue 10/01/2019 | 5:00 pm | W. Volleyball vs. Maranatha - Varsity | SFC - Gymnasium | Home |
| Thu 10/03/2019 | 5:00 pm | W. Volleyball @ Parker - Varsity | Francis Parker School | Away |
| Tue 10/08/2019 | 5:00 pm | W. Volleyball vs. La Jolla Country Day - Varsity | SFC - Gymnasium | Home |
| Thu 10/10/2019 | 5:00 pm | W. Volleyball @ Classical - Varsity | CLASSICAL ACADEMY | Away |
| Tue 10/15/2019 | 6:00 pm | W. Volleyball vs. Bishops - Varsity | SFC - Gymnasium | Home |
| Thu 10/17/2019 | 5:00 pm | W. Volleyball @ Maranatha - Varsity | Maranatha Christian Schools | Away |
| Tue 10/22/2019 | 5:00 pm | W. Volleyball @ La Jolla Country Day - Varsity | La Jolla Country Day School | Away |
| Thu 10/24/2019 | 5:30 pm | W. Volleyball vs. Parker - Senior Night - Varsity | SFC - Gymnasium | Home |
| Wed 10/30/2019 | 7:00 pm | W. Volleyball vs. Ramona - PLAYOFFS | SFC - Gymnasium | Home |
| Sat 11/02/2019 | 5:00 pm | W. Volleyball vs. Westview - PLAYOFFS | SFC - Gymnasium | Home |
| Wed 11/06/2019 | 7:00 pm | W. Volleyball vs. Scripps Ranch - PLAYOFFS | SFC - Gymnasium | Home |
| Sat 11/09/2019 | 4:00 pm | W. Volleyball vs. San Marcos - PLAYOFFS | Cathedral Catholic High School | Home |
| Tue 11/12/2019 | 6:00 pm | W. Volleyball vs. Pasadena Poly - CIF Regional Playoffs | SFC - Gymnasium | Home |
| Thu 11/14/2019 | 6:00 pm | W. Volleyball vs. Carlsbad - REGIONAL PLAYOFFS | SFC - Gymnasium | Home |