

| Date | Start | Depart | Return | Event Name | Location | Group | Event Type |
|---------------------------|-------------------------|--------------------|--------------------|--|--|---|----------------------------|
| Sat 12/14/2024 | 7:30 am | 5:00 am | 7:30 pm | Varsity Wrestling @ NAC Tournament | NORTHERN ADIRONDACK JUNIOR-SENIOR HIGH SCHOOL | Varsity Wrestling | Away Tournament |
| Sat 12/14/2024 | 10:00 am | 6:15 am | 5:00 pm | HS Wrestling @ St. Johnsbury | St. Johnsbury Academy | Varsity Wrestling | Away Tournament |
| Sat 12/14/2024 | 10:00 am | 7:30 am | 5:00 pm | JV/MS Wrestling @ Otter Valley Tournament | Otter Valley Union High School | MS Wrestling JV Wrestling | Away Tournament |
| Sat 12/21/2024 | 10:00 am | 6:15 am | 5:00 pm | HS Wrestling @ St. Johnsbury | St. Johnsbury Academy | Varsity Wrestling | Away Tournament |
| Fri 12/27/2024 | 12:15 pm | | | HS Wrestling @ Middlebury Tournament | Middlebury Union High School | Varsity Wrestling JV Wrestling | Away Tournament |
| Sat 12/28/2024 | 9:00 am | | | HS Wrestling @ Middlebury Tournament | Middlebury Union High School | Varsity Wrestling JV Wrestling | Away Tournament |
| Tue 12/31/2024 | 10:00 am | | | HS Wrestling @ Fair Haven Duals | Fair Haven Union High School | Varsity Wrestling JV Wrestling | Away Tournament |
| Sat 01/04/2025 | 9:45 am | 6:15 am | 7:00 pm | V Wrestling @ Mt. Anthony Tournament | Mount Anthony Union High School | Varsity Wrestling | Away Tournament |
| Sat 01/04/2025 | 10:00 am | | | Kevin Micklas Wrestling Tournament | Mt Abraham Union High School > Main Lobby Mt Abraham Union High School > Large Cafeteria Mt Abraham Union High School > Gym | MS Wrestling JV Wrestling | Home Tournament |
| Thu 01/09/2025 | 6:00 pm | 3:00 pm | 10:00 pm | HS Wrestling @ Burr & Burton | Burr & Burton Academy | Varsity Wrestling JV Wrestling | Away Meet |
| Fri 01/10/2025 | 4:00 pm | | | HS Wrestling @ Essex Tournament | Essex High School | Varsity Wrestling | Away Tournament |
| Sat 01/11/2025 | 10:00 am | | | HS Wrestling @ Essex Tournament | Essex High School | Varsity Wrestling | Away Tournament |
| Tue 01/14/2025 | 6:00 pm | | | HS & MS Wrestling Home Meet | Mt Abraham Union High School > Gym | JV Wrestling MS Wrestling Varsity Wrestling | Home Meet |
| Sat 01/18/2025 | 7:30 am | 7:00 am | 5:30 pm | Wrestling @ Vergennes Tournament | Vergennes High School | Varsity Wrestling MS Wrestling JV Wrestling | Away Tournament |
| Tue 01/21/2025 | 6:00 pm | | | HS & MS Wrestling Home Meet | Mt Abraham Union High School > Gym | Varsity Wrestling MS Wrestling JV Wrestling | Home Meet |

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| Sat 01/25/2025 | 10:00 am | 7:30 am | 5:00 pm | HS Wrestling @ Otter Valley Tournament | Otter Valley Union High School | Varsity Wrestling JV Wrestling | Away Tournament |
| Wed 01/29/2025 | 6:00 pm | 2:45 pm | 10:00 pm | HS Wrestling @ Springfield | Riverside Middle School | Varsity Wrestling JV Wrestling | Away Meet |
| Sat 02/01/2025 | 9:30 am | 7:30 am | 5:30 pm | HS & MS Wrestling @ Mt. Mansfield Tournament | Mount Mansfield Union High School | Varsity Wrestling MS Wrestling JV Wrestling | Away Tournament |
| Sat 02/08/2025 | 9:00 am | 5:30 am | 5:30 pm | V Wrestling @ Mt. Anthony Duals | Mount Anthony Union High School | Varsity Wrestling | Away Tournament |
| Sat 02/15/2025 | 10:00 am | 7:00 am | 7:00 pm | Varsity Wrestling @ State-Wide Dual | Riverside Middle School | Varsity Wrestling | Away Tournament |
| Sat 02/22/2025 | 10:00 am | 7:15 am | 6:15 pm | JV/MS Wrestling Championships @ Spaulding | Spaulding High School | MS Wrestling JV Wrestling | Away Tournament |
| Fri 02/28/2025 | TBD | TBD | TBD | Wrestling Championships @ Barre Auditorium | Barre City Auditorium | Varsity Wrestling | Away Tournament |
| Sat 03/01/2025 | TBD | TBD | TBD | Wrestling Championships @ Barre Auditorium | Barre City Auditorium | Varsity Wrestling | Away Tournament |
| Sat 03/08/2025 | All Day | | | Wrestling @ New Englands | NORTH PROVIDENCE HIGH SCHOOL | Varsity Wrestling | Away Tournament |
| Sun 03/09/2025 | All Day | | | Wrestling @ New Englands | NORTH PROVIDENCE HIGH SCHOOL | Varsity Wrestling | Away Tournament |