

| Date           | Event Name  | Start    | End     | Location   | Description  |
|----------------|---|----------|---------|--|--|
| Mon 11/14/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm  | 3:30 pm | BHS Weight Room OLD #144<br>BHS Weight Room NEW #145 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 11/14/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 11/15/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm  | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 11/15/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 11/16/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 11/17/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm  | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 11/17/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 11/18/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Sat 11/19/2022 | BHS Wrestling: Boys & Girls Practice                | 10:00 am | 3:00 pm | BHS Wrestling/Fieldhouse                             | PRACTICE #1: 10:00-NOON;<br>PRACTICE #2: 1:00-3:00 PM  |
| Mon 11/21/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm  | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 11/21/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 11/22/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm  | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 11/22/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 11/23/2022 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm  | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |

| Date           | Event Name   | Start    | End      | Location   | Description  |
|----------------|--|----------|----------|--|--|
| Thu 11/24/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning (Holiday Schedule) | 8:30 am  | 9:30 am  | BHS Weight Room OLD #144<br>BHS Weight Room NEW #145 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM |
| Thu 11/24/2022 | BHS Wrestling: Boys & Girls Practice (Holiday schedule)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             |  |
| Fri 11/25/2022 | BHS Wrestling: Boys & Girls Practice (Holiday schedule)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             |  |
| Sat 11/26/2022 | BHS Wrestling: Boys & Girls Practice                                   | 10:00 am | 3:00 pm  | BHS Wrestling/Fieldhouse                             |  |
| Mon 11/28/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                    | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Mon 11/28/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Wed 11/30/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Thu 12/01/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                    | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Thu 12/01/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Fri 12/02/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Mon 12/05/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                    | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Mon 12/05/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Tue 12/06/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                    | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Tue 12/06/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Wed 12/07/2022 | BHS Wrestling: Boys & Girls Practice                                   | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |

| Date           | Event Name   | Start    | End      | Location   | Description  |
|----------------|--|----------|----------|--|--|
| Thu 12/08/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Thu 12/08/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Fri 12/09/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Mon 12/12/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Mon 12/12/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Tue 12/13/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Tue 12/13/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Wed 12/14/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Thu 12/15/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning                | 2:30 pm  | 3:30 pm  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM   |
| Thu 12/15/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Fri 12/16/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Mon 12/19/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break) | 8:30 am  | 9:30 am  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM |
| Mon 12/19/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             | STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM   |

| Date           | Event Name   | Start    | End      | Location   | Description  |
|----------------|--|----------|----------|--|--|
| Tue 12/20/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break) | 8:30 am  | 9:30 am  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM |
| Tue 12/20/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             | STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM   |
| Wed 12/21/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             |  |
| Mon 12/26/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break) | 8:30 am  | 9:30 am  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM |
| Mon 12/26/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             | STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM   |
| Tue 12/27/2022 | BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break) | 8:30 am  | 9:30 am  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 10:00-11:30 AM |
| Tue 12/27/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             | STRENGTH & CONDITIONING PRACTICE IN THE WEIGHT ROOMS FROM 8:30-9:30 AM   |
| Wed 12/28/2022 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             |  |
| Thu 12/29/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Fri 12/30/2022 | BHS Wrestling: Boys & Girls Practice                               | 4:00 pm  | 5:30 pm  | BHS Wrestling/Fieldhouse                             |  |
| Mon 01/02/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning (Winter Break) | 8:30 am  | 9:30 am  | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will continue in the wrestling/fieldhouse from 10:00-11:30 AM   |
| Mon 01/02/2023 | BHS Wrestling: Boys & Girls Practice (Winter Break)                | 10:00 am | 11:30 am | BHS Wrestling/Fieldhouse                             |  |

| Date           | Event Name  | Start   | End     | Location   | Description  |
|----------------|---|---------|---------|--|--|
| Tue 01/03/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 01/03/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 01/04/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 01/05/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 01/05/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Mon 01/09/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 01/09/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 01/10/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 01/10/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 01/11/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 01/12/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 01/12/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 01/13/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Mon 01/16/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |

| Date           | Event Name  | Start   | End     | Location   | Description  |
|----------------|---|---------|---------|--|--|
| Mon 01/16/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 01/17/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 01/17/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 01/19/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 01/19/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 01/20/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Mon 01/23/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 01/23/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 01/24/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 01/24/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 01/26/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 01/26/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 01/27/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Mon 01/30/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |

| Date           | Event Name  | Start   | End     | Location   | Description  |
|----------------|---|---------|---------|--|--|
| Mon 01/30/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 01/31/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 01/31/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 02/01/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 02/02/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 02/02/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 02/03/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Mon 02/06/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 02/06/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 02/07/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 02/07/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 02/08/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 02/09/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 02/09/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Fri 02/10/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |

| Date           | Event Name  | Start   | End     | Location   | Description  |
|----------------|---|---------|---------|--|--|
| Mon 02/13/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Mon 02/13/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Tue 02/14/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Tue 02/14/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Wed 02/15/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |
| Thu 02/16/2023 | BHS Wrestling: Boys & Girls Strength & Conditioning | 2:30 pm | 3:30 pm | BHS Weight Room NEW #145<br>BHS Weight Room OLD #144 | Practice will move from the weight room to the wrestling/fieldhouse for continuation of practice from 4:00-5:30 PM |
| Thu 02/16/2023 | BHS Wrestling: Boys & Girls Practice                | 4:00 pm | 5:30 pm | BHS Wrestling/Fieldhouse                             |  |