

| Date | Start | End | Event Name | Location |
|---------------------------|--------------------|--------------------|--|---|
| Mon 06/01/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Tue 06/02/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Thu 06/04/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Fri 06/05/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Mon 06/08/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Tue 06/09/2020 | 7:00 am | 9:30 am | Football Workouts | Practice Field 3 - Football Practice Field |
| Wed 06/10/2020 | 3:00 pm | 8:00 pm | SWOFCFA All-Star Game Media Day | Kings Stadium |
| Thu 06/11/2020 | All Day | All Day | SWOFCFA All-Star Game | Kings Stadium |
| Thu 06/11/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Mon 06/15/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 06/15/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Tue 06/16/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 06/16/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Thu 06/18/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 06/18/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Mon 06/22/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 06/22/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Tue 06/23/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |

| Date | Start | End | Event Name | Location |
|----------------|---------|----------|-------------------|--|
| Tue 06/23/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Thu 06/25/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 06/25/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Mon 06/29/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 06/29/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Tue 06/30/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 06/30/2020 | 7:00 am | 9:30 am | Football Workouts | Kings Stadium Practice Field 4 - KJH Football Practice Field 3 - Football Practice Field |
| Wed 07/01/2020 | 9:00 am | 12:00 pm | Football Workouts | Practice Field 3 - Football Practice Field Practice Field 1 - Post Office Field |
| Thu 07/02/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 07/02/2020 | 9:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Fri 07/03/2020 | 9:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Mon 07/06/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 07/06/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Tue 07/07/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 07/07/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Thu 07/09/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 07/09/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Fri 07/10/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Mon 07/13/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 07/14/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 07/14/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Thu 07/16/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 07/16/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Fri 07/17/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Mon 07/20/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 07/21/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 07/23/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 07/27/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Mon 07/27/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |

| Date | Start | End | Event Name | Location |
|----------------|---------|----------|-------------------|--|
| Tue 07/28/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Tue 07/28/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Wed 07/29/2020 | 7:00 am | 12:00 pm | Football Workouts | Practice Field 3 - Football Practice Field Practice Field 1 - Post Office Field |
| Thu 07/30/2020 | 6:30 am | 9:00 am | Football Lifting | Beacon Weight Room |
| Thu 07/30/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |
| Fri 07/31/2020 | 7:00 am | 12:00 pm | Football Workouts | Kings Stadium |