

Twenty-Second Annual Lutheran North CC Invitational

Thursday, September 14, 2017

Spanish Lake Park

Directions: From I-270, NORTH on Bellefontaine Rd. After passing fire station, make a right on Spanish Pond Rd. Pass first entrance to park, making a right at the second entrance which is labeled "soccer field" and "Cardinal Care".

Times: All Boys at 4:30 p.m.
All Girls at 5:10 p.m.
Trophies to first, second and third place teams
Medals to first 100, each race
JV's run IN the races; need not declare UNLESS ineligible to score varsity

Timing: We will be using Automatic Timing by [TRXC Timing](#)

Entry: All Entries are due on **Wednesday, September 13th at 12:00 pm** [Online Entry Form](#)

[Performance List](#)

[Box Assignments](#)

Entry Questions: Rich Schilling TRXC Timing, rich@trxctiming.com 314-522-6176

Chip Collection: Coaches will return all chips to the finishline after the conclusion of all races in the envelope provided in you packet. Chips should be strung in numeric order. No chips will be collected in the finish chute. A \$25.00 fee will be assessed for missing or damaged timing chips.

Entry Fee: \$175 Per Gender
If you have more than 20 entries on your team, please add \$5 for every 5 additional entries beyond 20 (Example 28 girls on a team = \$180)

IF YOU NEED AN INVOICE, LET COACH PRAHLOW KNOW ASAP.

Buses: Pass first lot on left, stay straight on road, drop off team
AFTER going halfway past right parking lot, turn right at end of road and park in Cardinal Care lot (THIRD parking lot).

Meet Questions: Jim Prahlow 314-389-3100 or jprahlow@lhsnstl.org Cell is 314-681-0049 w/VM
Please send the form below to

Lutheran North, C/O Jim Prahlow,
5401 Lucas and Hunt Rd., St. Louis, MO 63121.
Make checks payable to LUTHERAN NORTH.

Please send the entry back postmarked/emailed by September 1.

Schools invited: Clayton, University City, Incarnate Word Academy, Orchard Farm, Lutheran South, MICDS, Principia, Parkway South, Rosati-Kain, St. Clair, Maplewood-Richmond Heights, Whitfield, PRIORITY, Notre Dame, McCluer South-Berkeley, Valley Park, Hancock, St. Paul-Farmington, North Tech, Riverview Gardens.
SCHOOLS NOT LISTED MUST CONTACT COACH PRAHLOW BY 9/9 to GAIN PERMISSION TO ENTER!