

Date	Start	Dismiss	Event Name	Location
Tue 09/20/2022	6:30 am		MS Girls Volleyball Practice - Gold, Red & White	SFC - Gymnasium
Tue 09/20/2022	3:00 pm	2:30 pm	MS Flag White @ SDJA	San Diego Jewish Academy
Tue 09/20/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Wed 09/21/2022	3:30 pm	2:20 pm	MS Flag Gold @ SDJA	San Diego Jewish Academy
Wed 09/21/2022	3:30 pm	2:30 pm	G RED Volleyball @ SDJA	San Diego Jewish Academy
Wed 09/21/2022	3:30 pm	2:30 pm	6th GOLD Volleyball @ SDJA	San Diego Jewish Academy
Wed 09/21/2022	4:30 pm		MS Flag Red @ SDJA	San Diego Jewish Academy
Wed 09/21/2022	4:30 pm		G WHITE Volleyball @ SDJA	San Diego Jewish Academy
Wed 09/21/2022	4:30 pm		6th RED Volleyball @ SDJA	San Diego Jewish Academy
Thu 09/22/2022	3:00 pm	2:10 pm	MS 6th Flag Gold @ RSF	R. ROGER ROWE ELEMENTARY
Thu 09/22/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Thu 09/22/2022	3:30 pm	2:30 pm	G GOLD Volleyball @ Horizon Prep	Horizon Prep
Thu 09/22/2022	4:30 pm		G RED Volleyball @ Horizon Prep	Horizon Prep
Thu 09/22/2022	5:00 pm		MS 6th Flag Red @ RSF (vs Coronado)	R. ROGER ROWE ELEMENTARY
Mon 09/26/2022	6:30 am		MS Girls Volleyball Practice - Gold, Red & White	SFC - Gymnasium
Mon 09/26/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Mon 09/26/2022	4:00 pm		MS Golf @ Lomas Exec	Lomas Santa Fe Exec Golf Course
Tue 09/27/2022	3:00 pm	2:10 am	MS Flag Gold @ RSF	R. ROGER ROWE ELEMENTARY
Tue 09/27/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Tue 09/27/2022	4:00 pm		MS Flag Red @ RSF	R. ROGER ROWE ELEMENTARY
Tue 09/27/2022	5:00 pm		MS Flag White @ RSF	R. ROGER ROWE ELEMENTARY
Wed 09/28/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Wed 09/28/2022	3:30 pm	2:15 pm	6th GOLD Volleyball @ St Josephs	Saint Joseph Academy
Wed 09/28/2022	3:30 pm	2:15 pm	MS Cross Country @ Maranatha	Maranatha Christian Schools
Wed 09/28/2022	3:30 pm	2:30 pm	MS Golf @ RSF (RSF CC)	Rancho Santa Fe Golf Club
Thu 09/29/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Thu 09/29/2022	3:30 pm	2:15 pm	G RED Volleyball @ Pac Ridge	Pacific Ridge School
Thu 09/29/2022	3:30 pm	2:15 pm	G GOLD Volleyball @ Pac Ridge	Pacific Ridge School
Thu 09/29/2022	4:30 pm		6th RED Volleyball @ Pac Ridge	Pacific Ridge School
Thu 09/29/2022	4:30 pm		G WHITE Volleyball @ Pac Ridge	Pacific Ridge School
Mon 10/03/2022	6:30 am		MS Girls Volleyball Practice - Gold, Red & White	SFC - Gymnasium
Mon 10/03/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Mon 10/03/2022	3:00 pm	2:30 pm	MS 6th Flag Gold vs MS 6th Flag Red	SFC - Upper Field
Mon 10/03/2022	4:00 pm	2:30 pm	MS 6th Flag Red vs MS 6th Flag White	SFC - Upper Field
Mon 10/03/2022	4:00 pm		MS Golf @ Lomas Exec	Lomas Santa Fe Exec Golf Course
Mon 10/03/2022	5:00 pm		MS 6th Flag Gold vs MS 6th Flag White	SFC - Upper Field
Tue 10/04/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Tue 10/04/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field

Date	Start	Dismiss	Event Name	Location
Tue 10/04/2022	3:30 pm	2:30 pm	G GOLD Volleyball @ Maranatha	Maranatha Christian Schools
Tue 10/04/2022	4:30 pm		G RED Volleyball @ Maranatha	Maranatha Christian Schools
Wed 10/05/2022	3:30 pm	2:30 pm	G GOLD Volleyball @ RSF	Rancho Santa Fe Elementary
Wed 10/05/2022	4:30 pm		G RED Volleyball @ RSF	Rancho Santa Fe Elementary
Wed 10/05/2022	5:30 pm		G WHITE Volleyball @ RSF	Rancho Santa Fe Elementary
Thu 10/06/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Thu 10/06/2022	3:30 pm	2:30 pm	MS Flag Gold @ Maranatha	Maranatha Christian Schools
Thu 10/06/2022	4:30 pm		MS Flag Red @ Maranatha	Maranatha Christian Schools
Fri 10/07/2022	3:30 pm		MS Flag White vs Horizon Prep	SFC - Upper Field
Fri 10/07/2022	3:30 pm	2:45 pm	G GOLD Volleyball vs RSF	SFC - Gymnasium
Fri 10/07/2022	3:30 pm	2:45 pm	G RED Volleyball vs RSF	SFC - Gymnasium
Fri 10/07/2022	4:30 pm		MS 6th Flag White vs Horizon Prep	SFC - Upper Field
Fri 10/07/2022	4:30 pm		G WHITE Volleyball vs RSF	SFC - Gymnasium
Mon 10/10/2022	3:30 pm	2:20 pm	MS 6th Flag Gold @ St Josephs	Saint Joseph Academy
Mon 10/10/2022	3:30 pm		MS Flag Gold vs Tri City	SFC - Upper Field
Mon 10/10/2022	4:00 pm		MS Golf @ Lomas Exec	Lomas Santa Fe Exec Golf Course
Mon 10/10/2022	4:30 pm		MS Flag Red vs Tri City	SFC - Upper Field
Tue 10/11/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Tue 10/11/2022	3:45 pm	2:30 pm	MS Flag White @ Children's School	The Children's School
Tue 10/11/2022	4:30 pm		MS 6th Flag Red @ Pac Ridge	Pacific Ridge School
Wed 10/12/2022	3:30 pm	2:30 pm	6th GOLD Volleyball @ SDJA	San Diego Jewish Academy
Wed 10/12/2022	3:30 pm	2:30 pm	MS Cross Country @ SDJA	San Diego Jewish Academy
Wed 10/12/2022	3:30 pm	2:30 pm	MS Golf vs Horizon Prep	Lomas Santa Fe Exec Golf Course
Thu 10/13/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Thu 10/13/2022	3:30 pm	2:15 pm	6th RED Volleyball @ St Josephs	Saint Joseph Academy
Tue 10/18/2022	6:30 am		MS Girls Volleyball Practice - Gold, Red & White	SFC - Gymnasium
Tue 10/18/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Tue 10/18/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Tue 10/18/2022	4:00 pm		MS Flag White vs Children's School	SFC - Softball Field
Tue 10/18/2022	5:00 pm		MS 6th Flag Red @ Coronado	Coronado High School
Tue 10/18/2022	6:00 pm		MS 6th Flag White @ Coronado	Coronado High School
Wed 10/19/2022	3:30 pm	2:20 pm	MS Flag White @ Pac Ridge	Pacific Ridge School
Wed 10/19/2022	3:30 pm	2:30 pm	MS Flag Gold @ SDJA	San Diego Jewish Academy
Wed 10/19/2022	3:30 pm	2:15 pm	MS Cross Country @ SDJA	Leo Carrillo Ranch Historic Park
Wed 10/19/2022	4:00 pm	2:30 pm	MS Golf @ Maranatha	Oaks North Golf Course
Wed 10/19/2022	4:30 pm		MS Flag Red @ SDJA	San Diego Jewish Academy
Thu 10/20/2022	6:30 am		MS Flag Football Practice, White	SFC - Upper Field
Thu 10/20/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field

Date	Start	Dismiss	Event Name	Location
Thu 10/20/2022	3:30 pm	2:30 pm	G GOLD Volleyball @ SDJA	San Diego Jewish Academy
Thu 10/20/2022	3:30 pm	2:30 pm	G RED Volleyball @ SDJA	San Diego Jewish Academy
Thu 10/20/2022	4:30 pm		6th RED Volleyball @ SDJA	San Diego Jewish Academy
Thu 10/20/2022	4:30 pm		G WHITE Volleyball @ SDJA	San Diego Jewish Academy
Fri 10/21/2022	2:00 pm		6th RED Volleyball vs 6th GOLD Volleyball	SFC - Gymnasium
Fri 10/21/2022	3:00 pm		G GOLD Volleyball vs Tri City	SFC - Gymnasium
Fri 10/21/2022	4:00 pm		G RED Volleyball vs Tri City	SFC - Gymnasium
Mon 10/24/2022	6:30 am		MS Girls Volleyball Practice - Gold, Red & White	SFC - Gymnasium
Mon 10/24/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Mon 10/24/2022	3:30 pm	2:10 pm	MS 6th Flag White @ St Josephs	Saint Joseph Academy
Mon 10/24/2022	4:00 pm		MS Golf vs Maranatha	Lomas Santa Fe Exec Golf Course
Tue 10/25/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Tue 10/25/2022	3:30 pm	2:30 pm	MS Flag Gold @ Pac Ridge	Pacific Ridge School
Tue 10/25/2022	3:30 pm	2:30 pm	G GOLD Volleyball @ RSF	Rancho Santa Fe Elementary
Tue 10/25/2022	4:30 pm		MS Flag Red @ Pac Ridge	Pacific Ridge School
Tue 10/25/2022	4:30 pm		G RED Volleyball @ RSF	Rancho Santa Fe Elementary
Tue 10/25/2022	5:30 pm		G WHITE Volleyball @ RSF	Rancho Santa Fe Elementary
Wed 10/26/2022	6:30 am		MS Flag Football Practice, White	SFC - Upper Field
Wed 10/26/2022	3:00 pm	2:15 pm	MS Golf @ RSF (RSF CC)	Rancho Santa Fe Golf Club
Wed 10/26/2022	3:30 pm	2:30 pm	MS Flag White @ RSF	R. ROGER ROWE ELEMENTARY
Wed 10/26/2022	3:30 pm	2:30 pm	MS Cross Country @ Home (San Dieguito Park)	San Dieguito Park
Thu 10/27/2022	3:00 pm	2:10 pm	MS Flag Gold @ RSF	R. ROGER ROWE MIDDLE
Thu 10/27/2022	3:00 pm	2:10 pm	G GOLD Volleyball @ Maranatha	Maranatha Christian Schools
Thu 10/27/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Thu 10/27/2022	4:00 pm		MS Flag Red @ RSF	R. ROGER ROWE ELEMENTARY
Thu 10/27/2022	4:00 pm		G RED Volleyball @ Maranatha	Maranatha Christian Schools
Mon 10/31/2022	6:30 am		MS Flag Football Practice, Gold, Red & White	SFC - Upper Field
Mon 10/31/2022	3:30 pm	2:20 pm	MS 6th Flag Gold vs Tri City	SFC - Upper Field
Tue 11/01/2022	6:30 am		MS Flag Football Practice, Gold, Red	SFC - Upper Field
Tue 11/01/2022	6:30 am		MS Flag Football Practice, White	SFC - Upper Field
Tue 11/01/2022	6:30 am		MS Girls Volleyball Practice - Gold & White	SFC - Gymnasium
Tue 11/01/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Wed 11/02/2022	3:00 pm	2:15 pm	MS Golf @ La Jolla Country Day (@ Lomas Exec)	Lomas Santa Fe Exec Golf Course
Wed 11/02/2022	3:00 pm	2:10 pm	MS Flag Gold @ LJCD	La Jolla Country Day School
Wed 11/02/2022	3:30 pm	2:30 pm	MS Cross Country @ RSF	San Dieguito Park
Wed 11/02/2022	4:00 pm		MS Flag Red @ LJCD	La Jolla Country Day School
Wed 11/02/2022	5:00 pm		MS Flag White @ LJCD	La Jolla Country Day School
Thu 11/03/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field

Date	Start	Dismiss	Event Name	Location
Thu 11/03/2022	3:30 pm	2:20 pm	G GOLD Volleyball @ Pac Ridge Playoffs	Pacific Ridge School
Thu 11/03/2022	4:30 pm		G GOLD Volleyball @ Pac Ridge Playoffs	Pacific Ridge School
Fri 11/04/2022	2:00 pm	2:30 pm	MS 6th Flag Gold vs MS 6th Flag Red	SFC - Upper Field
Fri 11/04/2022	3:00 pm		MS 6th Flag Gold vs MS 6th Flag White	SFC - Upper Field
Fri 11/04/2022	4:00 pm	2:30 pm	MS 6th Flag Red vs MS 6th Flag White	SFC - Upper Field
Mon 11/07/2022	4:00 pm	2:30 pm	MS Gold Flag Playoffs @ Maranatha vs RSF	Maranatha Christian Schools
Tue 11/08/2022	3:10 pm		MS Cross Country Practice	SFC - Upper Field
Wed 11/09/2022	3:00 pm	2:00 pm	MS Gold Flag Playoffs @ Maranatha vs TBD	Maranatha Christian Schools
Thu 11/10/2022	3:30 pm	2:15 pm	MS Gold Flag Playoffs @ Maranatha vs LJCD	Maranatha Christian Schools
Thu 11/10/2022	3:30 pm	2:15 pm	MS Cross Country League Championship	Coronado Tidelands Park
Sat 11/12/2022	8:00 am		US Cross Country CIF SD Champions	Woodward Park
Mon 11/14/2022	8:00 am		US Cross Country Coastal Champions	Morley Field - Balboa Park